



## BREAKFAST *Served until 2pm*

<b>ACAI SMOOTHIE BOWL</b> (GFO, V, Vegan option) amazing acai, avocado for creaminess, mixed berries, banana and almond milk, topped with granola, cacao nibs, coconut chips	<b>\$14.90</b>
<b>SMASHED AVOCADO</b> (GFO, V) with Danish feta, dukkah & sea salt on toasted sourdough (add poached egg \$2 or bacon \$3)	<b>\$14.90</b>
<b>'PALEO' AVO &amp; SWEET POTATO</b> (GF, DF, V) sweet potato 'toast' with avocado salsa and poached eggs (add bacon \$3 or smoked salmon \$4)	<b>\$16.90</b>
<b>BREKKY WRAP</b> eggs, bacon, cheese, aioli & BBQ sauce on a toasted tortilla wrap (add a hashbrown \$2)	<b>\$14.90</b>
<b>JUST EGGS</b> (GFO, V) eggs your way served with toasted sourdough	<b>\$13.90</b>
<b>BACON AND EGGS</b> (GFO) eggs your way with bacon & roasted roma tomato served on toasted sourdough	<b>\$16.90</b>
<b>BREKKY BURGER</b> bacon, egg, hash brown, BBQ sauce, Aioli and spinach served on a milk bun	<b>\$14.90</b>
<b>SWEET POTATO &amp; PUMPKIN OMELETTE</b> (GFO, V) Sweet potato, pumpkin & feta, served with sourdough	<b>\$16.90</b>
<b>EGGS BENEDICT</b> (GFO) poached eggs & baby spinach on toasted sourdough topped with hollandaise sauce with your choice of bacon, ham, avocado or smoked salmon	<b>\$20.90</b>
<b>CORN AND ZUCCHINI FRITTERS</b> with bacon, salsa, rocket & sour cream (add poached egg \$2)	<b>\$18.90</b>
<b>WAFFLES OF THE WEEK</b> (V) See our specials board for this week's toppings	<b>\$16.90</b>
<b>THE BIG CHILL BREAKFAST</b> (GFO) eggs your way, bacon, roasted roma tomato, chorizo, hashbrown, mushrooms & spinach with sourdough	<b>\$21.90</b>

## LUNCH *Served until 2pm*

<b>CAESAR SALAD</b> (GFO) cos lettuce, bacon, poached egg, croutons, parmesan & caesar dressing (add chicken \$3.5 or salmon \$4)	<b>\$14.90</b>
<b>HALOUMI, MUSHROOM &amp; PUMPKIN SALAD</b> (V)(GF) grilled halloumi with roasted mushrooms, red onion, pumpkin, tomatoes, rocket & chickpeas drizzled with caper & lemon dressing (add chicken \$3.5 or salmon \$4)	<b>\$18.00</b>
<b>THE CLUB SANDWICH</b> (GFO) chicken, bacon, cheese, tomato, avocado, aioli, rocket & spanish onion (add chips or sweet potato fries \$4)	<b>\$15.90</b>
<b>POTATO ROSTIS</b> (GF, V, Vegan option) light potato rostis served with caramelised onions, capsicum relish, sour cream & your choice of haloumi or mushrooms	<b>\$17.90</b>
<b>STEAK SANDWICH</b> (GFO) rib fillet steak, bacon, avocado, beetroot, spinach, cheese, tomato, caramelised onion and chipotle mayo with sweet potato fries	<b>\$18.90</b>
<b>PORTUGUESE CHICKEN BURGER</b> Portuguese marinated chicken, grilled bacon, lettuce, tomato and lime aioli on a toasted milk bun served with steakhouse chips	<b>\$21.00</b>
<b>BOWL OF FRIES</b> your choice of sweet potato or steakhouse chips	<b>\$8.00</b>

**PLEASE SEE OUR SPECIALS BOARD OR ASK OUR TEAM FOR TODAY'S SPECIAL**

### EXTRA'S

Gluten Free bread \$1	Bacon \$3.5	Mushrooms \$3
Tomato \$2	Smoked Salmon \$4	Hollandaise Sauce
Extra Egg \$2.5	Chorizo \$3	Hash Brown \$2.5
Avocado \$3.5	Grilled Chicken \$3.5	Haloumi \$3

*~ We are an allergy aware cafe ~*

*It is your responsibility to notify a team member before ordering of any allergies, so that our team can take appropriate precautions*

## FRESH JUICES

REG \$7.50 LGE \$9.00

**TROPICAL CHILL** orange & pineapple juice with mango & passionfruit

**APPLE TWIST** apple & pineapple juice, with a pinch of ginger

**STRAWBERRY FIELDS** apple & orange juice with strawberries & a hint of mint

**DETOX** beetroot, ginger, carrot, celery, apple and lemon juice

**GREEN DETOX** cucumber, celery, apple and lemon juice with kale & ginger

**CREATE YOUR OWN** (choice of 4)

apple, orange, pineapple, carrot, celery, beetroot, lemon, ginger, mango, strawberries, raspberries

## SORBET CRUSH

REG \$7.50 LGE \$9.00

**VERY BERRY** strawberry sorbet, mixed berries & apple juice

**SUNSHINE SPLASH** lemon sorbet, raspberries, strawberries, passion fruit & pineapple juice

**CHILL PASSION** lemon sorbet, banana, passion fruit & orange and apple juice

**RASPBERRY BLISS** mango sorbet, raspberries and apple juice

## SMOOTHIES

(add protein scoop \$1.50) REG \$7.50 LGE \$9.00

**BREKKY TO GO** frozen yoghurt, muesli, banana, honey & milk

**CLASSIC BANANA** frozen yoghurt, banana, honey & milk

**MANGO TANGO** frozen yoghurt, mango, passion fruit & milk

**STRAWBANA** frozen yoghurt, strawberries, banana & milk

**CALYPSO CRUNCH** frozen yoghurt, mango, banana, passion fruit & milk

**BERRY BLOWOUT** frozen yoghurt, mixed berries & milk

## COLD DRINKS

### MILKSHAKE

chocolate/ strawberry/caramel/ vanilla/ lime/ malt

REG \$6.00 LGE \$7.20

### THICKSHAKE

chocolate/ strawberry/caramel/ vanilla/ lime/ malt

REG \$7.00 LGE \$8.50

### FRAPPE

chocolate/ strawberry/caramel/ vanilla/ lime/ malt/ coffee

REG \$6.00 LGE \$7.20

### ICED COFFEE/ ICED CHOCOLATE

REG \$6.00 LGE \$7.20

### ICED LATTE/ICED LONG BLACK

made with cold brew coffee for a smoother taste

REG \$6.00 LGE \$7.20

## HOT DRINKS

### FLAT WHITE

S \$3.70

M \$4.80

L \$5.90

### CAPPUCCINO

S \$3.70

M \$4.80

L \$5.90

### LATTE

S \$3.70

M \$4.80

L \$5.90

### CHAI LATTE

S \$3.70

M \$4.80

L \$5.90

### HOT CHOCOLATE

S \$3.70

M \$4.80

L \$5.90

### LONG BLACK

S \$3.70

M \$4.80

L \$5.90

### MOCHA

S \$3.90

M \$5.10

L \$6.20

### SHORT BLACK

S \$3.50

D \$3.90

L \$6.20

### VIENNA

S \$3.90

M \$5.10

L \$6.20

long black topped with whipped cream

### AFFOGATO

double espresso with a scoop of vanilla ice cream

\$4.80

### SHORT MACCHIATO

double espresso with a drop of texture milk

\$3.70

### PICCOLO

\$3.20

### BABYCCINO

soft textured milk topped served with marshmallows

\$2.00

### TEA

english breakfast, earl grey, peppermint, green, lemongrass & ginger

\$4.00

(Almond, Soy, Lactose Free Milks +\$0.30)